

-----Original Message-----

From: Mary Pavicich [mailto:designship@tpg.com.au]

Sent: Monday, November 21, 2011 5:43 AM

To: Shevel

Subject: back safe and sound

Dear Dr. Shevel

I've made it home safe and sound! Sleeping pills worked very well and the flights were no problem at all.

It was such a pleasure to meet you and all of your wonderful staff. Thank you so much for everything that you did for me. I will miss your most kind and caring voice and that lovely way that you speak English. Thank you for all the comforting words you continued to give me when I was there. You are such a beautiful person. It was always so nice to be in your company.

I am trying my best to stay off the Imigran. I have used only 4 of the 100mg tablets that you prescribed for me so far. I've had two days without tablets and have taken ibuprofen instead. The headache is still switching sides but when it is on the right side it is very faint, needing only some ibuprofen, but it still comes on quite intense and sudden on the left side. Today, however it has been on the left and has now switched to the right and I have not taken Imigran yet. Only more ibuprofen. I am really hoping that it continues to improve.

I hope to get to the chiropractor very soon and get some more chinese herbs which used to help me in the past.

May God bless you always. I will keep in touch,

Mary