

**From:** Eugene Hawkins [mailto:eugene.hawkins@woosh.co.nz]

**Sent:** Sunday, November 20, 2011 2:00 PM

**To:** Shevel

**Subject:** RE: Olga Hawkins

Hello Dr Shevel

Thank you for enquiring about my flu, I am feeling better and better every day. I started to do stretching exercise 15mins every morning and gardening, which I was not able to do in the past. Gardening makes me happy and peaceful as well physically active. Some parts in my head still do not have feeling. I definitely don't have a migraine but experience a headache in the morning but when I get up and start walking/moving the headache goes away. Sometimes I feel nauseous but it goes away. I am not taking any tablets or medication. I thank you every day for giving me a new life!

Regards.

Olga