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20 July 2009

The Medical Director
THE HEADACHE CLINIC
By Email : drshevel@headclin.com

TESTIMONIAL

Dear Doctor Shevel and Staff,

I wish to thank you sincerely for you and your staff's help over the last couple of months.

My headaches started well over 2 years ago and it was a case of becoming a chronic headache sufferer, having a headache on a daily basis. I literally saw just about every type of doctor and specialist you can think of to try and help me with my headaches (sometimes migraines).

I have been to see:-

- *My local GP who tried to help with various pain killers and medications with no success*
- *An Ear, Nose and Throat Specialist – who put me on various medication for 3 months without any success*
- *A Chiropractor – who I had seen on and off for 4 months without any permanent success*
- *A Neurologist – who performed 2 Spinal Lumber Punches and placed me on various medications over a period of 5 months with no success*
- *A Physiotherapist over a period of 3 months with no success*
- *A NeuroSurgeon who performed a Spinal Manipulation and Nerve Block Injections into the spine (C1, C2 and C4 and C5), together with various medications as well*
- *The same NeuroSurgeon who injected me with Cortisone into the base, at the back of my skull, with no permanent success. At this stage we were starting to talk about a procedure whereby the nerves running into my head from my back were to be “cut” and permanently blocked leaving me with a permanent numbness at the back of my head*

All in all, the costs for the above (Hospital Bills / Various Tests & ECG's / MRI & CT Scans / Medications / Consultations) cost me personally well in excess of R40 000,00 as I quickly exhausted my limits on my medical aid.

At this stage I was becoming very desperate and for an unrelated reason, I had to see my GP. He mentioned to me about another patient of his who was a Dietitian who also suffered from headaches who had come to see you and went through your various treatments. She eventually had to go for the

Arterial Cauterization procedure as well which had permanently cured her and she was so impressed by this, she eventually studied to become a GP and is now a practicing Doctor.

I, without hesitation, made contact with your rooms and started my journey, which I can now say has also cured me totally of all my headaches. Words cannot say how thankful I am to once again wake up in the morning or go to bed at night, not having a headache at all and it's all because of you and your staff !! The only thing that I can say that I'm sorry about is the fact that I didn't come to see you first. It would have saved me months of agony, depression and total frustration, not to mention the money.

I will without a doubt bare testimony to anyone that I come across who is a headache sufferer and will strongly recommend that they too go through and see you. You are also more than welcome to give my name out to anyone who wants to find out more about what I went through and also about your Arterial Cauterization procedure – from a patients perspective.

I am most grateful to you and your staff, thank you so much !!

Sincerely,

HEINZ WANKE

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